

ILM LEVEL 5 COURSE IN LEADERSHIP AND MANAGEMENT



FOR ASPIRING AND
EXPERIENCED LEADERS

**Thinking
Through**
ACADEMY



associate
development
solutions

FLEXIBLE ILM-ACCREDITED LEADERSHIP PROGRAMMES FOR ASPIRING AND EXPERIENCED LEADERS.



- Are you looking for leadership and management course that will help you develop your leadership potential and gain a recognised qualification?
- Do you want to learn how to lead with confidence, competence, and credibility in any situation?
- Do you want to use the latest evidence from neuroscience to develop your leadership and build your team's potential?
- If so, then our ILM Leadership and Management development programmes are for you!



ILM Leadership and Management allows you to choose the **level and duration** that suit your **needs and goals**. We will train you in the essential skills and knowledge of effective leadership and management, and how to apply them to your own context and challenges. You will also benefit from the **support and feedback of experienced trainers, and your peers**.



A highly practical and insightful course that transformed how I support and develop my team.

Juliette Pearce
Senior Manager, Digital Media



Audience...

ILM courses are ideal for anyone who wants to:

- Develop their **leadership and management capabilities** and performance
- Gain a **nationally recognised qualification** from the ILM
- Enhance their professional development and career prospects
- Learn from the best practices and standards of leadership and management
- Join a network of over one million ILM alumni who are leading and making a difference

Content

Our ILM courses consists of:

- **Three levels of qualifications:** ILM Level 2, ILM Level 5, and ILM Level 7, each with different entry requirements, learning outcomes, and assessment methods
- **A range of modules** covering topics such as **leadership styles, communication skills, team building, problem solving, project management, strategic thinking, and more**
- **A choice of delivery modes:** online, blended, or face-to-face, depending on your preference and availability
- **A combination of trainer-led sessions**, self-directed learning, and peer support
- **A portfolio of evidence-based assignments**, reflective reports, and presentations that demonstrate your learning and achievements

WANT TO LEARN HOW TO USE THE POWER OF ILM TO BOOST YOUR LEADERSHIP AND MANAGEMENT PERFORMANCE?

Benefits

By completing the ILM Leadership and Management development programme, you will:

- Gain a **comprehensive and practical understanding** of the principles and practices of leadership and management
- Develop a **portfolio of leadership and management skills and competences** that you can apply in your work and life
- **Achieve a valuable and respected qualification from the ILM**, the UK's leading provider of leadership and management qualifications
- **Boost your professional confidence and credibility** as a leader and manager

If you are ready to take your leadership to the next level, then don't miss this opportunity to enrol in an ILM Leadership and Management course. This course will equip you with the tools and techniques to lead with excellence and impact.

THE ILM LEVEL 5 COURSE IN LEADERSHIP AND MANAGEMENT

Are you ready to elevate your leadership potential and step into more senior management roles? Take the next step in your career today...



FORMAT

Online (in-person options available for groups)



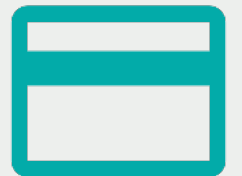
DURATION

L5 Certificate: 6 months



FLEXIBLE START DATES

March & September



COST

L5 Award:
£995 plus VAT
L5 Certificate:
£1810 plus VAT

Our ILM level 5 course in Leadership and Management is your ticket to becoming the kind of leader who inspires teams, drives change and achieves measurable results.

Designed for ambitious professionals, this course combines practical skills in leadership with unique neuroscience-based training to help you master the science of effective management and leadership. It offers many benefits to career progression, allowing you to secure your dream promotion.

Whether you're aiming to lead high-performing teams, implement strategic plans or get promoted to a senior management role, this prestigious qualification gives you the strategic insight and leadership skills you need to improve personal, team and organisational performance.

Who is the course for?

The ILM level 5 Leadership and Management course is designed for ambitious professionals who want to refine their leadership abilities and achieve career progression. Whether you want to move into a people development role or step up to head of your department, this course can help a range of professionals. It's designed for those who have career aspirations of managing change, people and resources effectively.

This course is ideal for a range of professionals, including:

- **middle managers** aiming to step into senior leadership positions.
- **department heads** looking to improve team dynamics and deliver on organisational objectives.
- **project managers** who want to enhance their leadership abilities and lead complex project plans.
- **senior managers** who need to refresh their strategic leadership skills and improve team performance.
- **career-minded professionals** ready to climb the career ladder and take on the key responsibilities of management
- **organisations** looking to upskill their teams with robust leadership training.

If you're looking to develop strategic thinking skills, implement innovative solutions and improve business performance, this course is tailored to your needs. The flexibility in unit choices and practical assessments means this management qualification supports your personal and professional goals.

Is this course right for you?

If you value a neuroscience-driven, evidence-based approach to leadership development, our ILM level 5 course offers the perfect combination of academic insights into leadership and practical application.

Entry requirements

The ILM Level 5 Leadership and Management course is for professionals looking to step up into a higher level of management. This comprehensive qualification lays the groundwork for leadership success for middle managers, department heads and both new and experienced managers.

There are no formal entry requirements, making it accessible to people at different stages of their management career. But having some experience in leadership or a day-to-day management role will help you make the most of the course's practical elements and enhance your existing leadership skills.

Potential roles after completion:

- **Senior manager:** step from your current role into more senior managerial roles to oversee multiple teams and contribute to strategic planning and decision-making.
- **Project manager:** lead large-scale project plans with improved decision-making and leadership capability.
- **Department head:** first-line managers can move up and drive organisational performance through effective leadership strategies.

This course is grounded in neuroscience, offering practical advanced leadership techniques and preparing you to excel in a leadership role.

WHAT YOU'LL GET OUT OF THE COURSE...

Our ILM Level 5 Leadership and Management course is a transformative experience that equips you with the tools and confidence to lead effectively.

For participants:

Enhanced leadership capabilities

Gain a leadership toolkit to manage teams, inspire confidence and navigate complex challenges. You'll develop effective communication skills and dramatically improve your management capabilities.

Practical application of managerial skills

Apply theories to real-world scenarios through work-based assignments to improve individual performance.

Recognition by employers

The ILM is a professional body trusted by employers. Boost your credibility with a widely respected qualification.

Progression opportunities

Open doors to senior management and leadership roles.

Further qualifications

Build a pathway to higher-level diplomas or advanced certifications.

Career advancement paths

Climb the management career ladder with confidence and measurable results.

Resources for learners

- Get access to highly qualified, expert tutors, who'll give detailed feedback on your progress.
- Comprehensive study materials designed for comprehensive learning and flexible study hours.
- A focus on evidence-based theories to help you practice your advanced leadership responsibilities.

For businesses:

Improved performance

You'll invest in leaders who can implement change and drive results.

Employee engagement

Build high-performing teams by showing you're committed to employees' career progression.

Enhanced decision-making

Engage managers with training to give them confidence and personal skills to make informed decisions.

“

The course helped me unlock leadership potential I didn't know I had. ThinkingThrough gave me tailored, practical strategies – and the results were transformative.

”

James Carter
Regional Manager

COURSE CONTENT

Our ILM Level 5 Leadership and Management offers a **comprehensive curriculum** that will enhance your leadership skills and strategic thinking.



Assessing your own leadership capability and performance

Evaluate your leadership style, strengths, and development areas through self-assessment and feedback. Gain insights into how your behaviours impact team performance, and learn to create actionable plans for continuous improvement. This module builds the self-awareness needed to lead with confidence and purpose.



Managing improvement

Develop key skills to lead successful business improvement initiatives. Learn to spot opportunities for change, engage stakeholders, and implement strategies aligned with organisational goals. Explore methods to measure outcomes and sustain long-term performance growth within your team and organisation.



Managing stress and conflict in the organisation

Master techniques to identify and manage workplace stress and conflict effectively. Explore how stress impacts team performance and discover practical solutions to build resilience and a positive work environment. Gain conflict resolution skills to mediate disputes, foster collaboration, and ensure psychological safety across the organisation.



Partnership working

Learn how to build and maintain effective partnerships that support organisational goals. This module explores collaboration, stakeholder management, and cross-functional teamwork. Discover how to overcome challenges, improve communication, and create relationships that deliver sustainable outcomes.

Assessment style

Our ILM level 5 course uses a wide range of assessment methods to ensure you're getting the most out of your learning.

Formative assessments

Ongoing evaluations with detailed feedback to help you track your progress and refine your management skills.

Summative assessments

Final assessments, including practical assignments and evidence-based personal development plans, to demonstrate your mastery of advanced leadership concepts.

Delivery options

When it comes to the delivery of our range of credits, we make sure it fits with your learning style and your schedule. With a blended learning model, we cater to all learners.

Classroom learning

For groups from the same organisation, we can offer classroom learning' Interactive sessions where you can engage with peers, participate in group activities and receive in-person guidance from expert tutors.

E-learning

We offer flexible access to course materials, ideal for remote learners or those balancing a busy schedule.

Blended learning approaches

A combination of online courses and face-to-face online learning provides the best of both worlds, offering personal development opportunities.

BECOME A BETTER LEADER TODAY

Ready to unlock your potential and transform your leadership career? The ILM Level 5 Leadership and Management programme offers a clear path to growth and influence. Our admissions team can help with unit choices or enrolment.

Enrol now or contact us to learn more.



Thinking Through

...Academy

With some of the most qualified experts in the fields of leadership and neuroscience, you'll get an unrivalled educational experience that drives career progression...



LEARN 100% ONLINE

Train from anywhere with fully online courses.



AT YOUR OWN PACE

Flexible training to fit your timeline.



PERSONALISED TUTOR SUPPORT

Support from an expert tutor whenever you need.



PAYMENT PLANS

Spread the cost with our payment plans.

ThinkingThrough... is a trading arm of:

Associate Development Solutions Ltd
Spaces – Pennine Five, Block 2
1 Tenter Street, Sheffield, S1 4BY

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