

NEUROSCIENCE OF LEADERSHIP

CERTIFICATE COURSE



Thinking Through

ACADEMY

***THE SCIENTIFIC
APPROACH TO LEADERSHIP***

We are an ILM & CPD Approved Centre,
and the only organisation trusted and
authorised to deliver NeuroCapability
Stress Mastery and Neuroscience of
Leadership training across the UK
and Europe.



A CUTTING-EDGE LEADERSHIP TRAINING PROGRAMME FOR INFLUENTIAL LEADERS BASED ON THE LATEST SCIENCE IN UNDERSTANDING OF YOUR BRAIN...

Our Neuroscience of Leadership online programme combines self-paced e-learning on our learning platform, small group coaching and practical tools and discussion boards to transform you into a strong, confident leader.

With the power of neuroscience, you'll have a unique edge as a leader.

Course Content...

The course consists of four Study Terms, each with six Big Ideas for you to study on our eLearning platform and six Implementation Excellence study group calls, along with discussion forums, with our highly qualified experts, where you'll get the opportunity to interact and reflect on your learning with your fellow leadership professionals. You'll keep a personal reflective journal to document your learning journey, track your progress and self-reflect on your learnings. There are no formal entry requirement for this course.

With our professional and expert approved course you'll gain skills, and learn how to tap into your brain's full potential through four key modules:



Understanding the Brain for Self-Awareness, Self-Regulation and Stress Mastery

- Learn how your brain drives behaviour in the workplace and how this understanding can be used to manage yourself and others effectively.
- This module covers the science behind emotional responses, stress management, attention control, and the practical tools you need to build self-awareness and resilience.

Unlocking the Brain's Ability to Supercharge Productivity and Decision Making

- Work on your multitasking, distraction and cognitive bias and learn how they impact productivity and decision-making.
- You'll gain practical strategies to improve focus, enhance creativity, guard against cognitive biases, and implement decision-making techniques proven to drive better results.

Building Psychologically Safe Workplaces to Drive Engagement and Collaboration

- Explore why psychological safety is essential for high-performing teams.
- Learn practical strategies to build trust, cultivate a positive mindset, and create engaging, collaborative environments where team members feel valued and motivated to achieve shared goals.

Applying Strategies to Support Change, Agility and Lead Sustainable Change

- Gain the skills needed to lead successful change initiatives.
- This module focuses on habit formation, overcoming resistance to change, sustaining motivation, and applying neuroscience-based strategies for leading adaptable, high-performing teams in fast-paced environments.

“Understanding how the brain works in decision-making and stress management has completely changed how I approach leadership.”

Sarah Jones
HR Director

Is the Neuroscience in Leadership Course Right for You?

This course is ideally suited for executives, senior and aspiring leaders and managers who want to:

- Become a better, smarter leader and take their career to higher levels
- Understand how the brain works and how it influences behaviour, emotions and cognition
- Develop a growth mindset and a neuroleadership toolkit to overcome challenges and achieve goals
- Unlock their hidden potential by applying neuroscience-based strategies and techniques
- Build trust, rapport and influence with diverse stakeholders and teams
- Lead sustainable change and transformation in complex and uncertain environments.

By completing the Neuroscience of Leadership training programme, you will:

- Gain a comprehensive and up-to-date understanding of the neuroscience of leadership and how to apply it in your leadership career.
- Develop a portfolio of evidence-based neuro-leadership skills and competencies to apply in your work and life.
- Take the first step in progressing your career to the highest levels of leadership.
- Join a network of like-minded, ambitious professionals.

Working with Fiona has been a breath of fresh air. She instinctively knew when to challenge unhelpful aspects of my leadership style and when to push on deeper issues holding me back. Her professional insight introduced me to new research and perspectives, while her natural, engaging coaching style boosted my confidence and clarified my future career direction.

Kay Riddington
Chief Portfolio Officer –
National Composites Centre.





Programme Details

FORMAT:

Online (in-person options available for groups)

DURATION:

12 months

COST:

£2830 plus Vat

Payment options available

START DATES:

November & June

For more details,
please scan the code...



Thinking Through

...Academy

With some of the most qualified experts in the fields of leadership and applied neuroscience, you'll get an unrivalled educational experience that takes you to new heights and drives your career progression.



LEARN 100% ONLINE

Access from anywhere with online courses.



REFLECTIVE LEARNING

Flexible reflective learning focusing on your work.



PERSONALISED TUTOR SUPPORT

Support from an expert coach to suit your needs.



PAYMENT PLANS

Spread the cost with available payment plans.

ThinkingThrough... is a trading arm of:

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